



# Cornerstone Therapeutic Play Group

## *Social Skills Group For Children Ages 3-6*

The Cornerstone Therapeutic Play Group at the Ann Martin Center in Emeryville, CA offers intensive therapy for preschoolers and kindergartners in an educational playgroup setting for children 3 to 6 years of age. Up to 4 children participate in a 90-minute playgroup that meets two times per week throughout the year.

Families receive ongoing support and feedback from an experienced child therapist. This program can supplement a regular preschool, daycare, kindergarten, or special education class.

The Cornerstone program is based on the Reflective Network Therapy treatment developed by Dr. Gilbert Kliman. To learn more about this treatment approach, please visit [www.cphc-sf.org](http://www.cphc-sf.org).

### **Who Can Benefit**

The Cornerstone program has been found effective for children who need help with social skills or who experience other emotional and developmental difficulties, including those associated with the autism spectrum. The program provides “here and now” support related to:

- Poor social skills
- Difficulties making friends
- Emotional problems in learning
- Difficulty conforming to classroom rules
- Failure to enjoy play and achievements
- Conflicts in peer relationships
- Difficulty with cooperation
- Loss of emotional receptivity
- Social inhibition
- Attention lapses
- Separation anxiety



*“My child is able to express feelings and ideas through play. As parents, we’ve learned how to support him using methods of observation and discussion. He has come a long way.”*

### **Fees**

The fee is \$50 per session. Some scholarships are available for families who need a reduced fee. Medi-Cal is accepted.

**For intake and additional information, please contact Linda Hirshfeld, Ph.D at [lhirshfeld@annmartin.org](mailto:lhirshfeld@annmartin.org) or 510.655.7880 ext. 369.**